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The New Male Sexuality, Revised Edition





Synopsis

The New Male Sexuality addresses the most urgent questions of men today--and of the women who love them. Â Bernie Zilbergeld reports findings from his twenty years as a psychologist specializing in human sexuality, as well as those other experts in the field, and shares his own and his clients' experiences. Â the result is the most comprehensive guide ever to enhancing desire and arousal, focusing on pleasure rather than performance, and keeping sex exciting and fulfilling.Clear, comprehensive, witty, and refreshingly realistic, The New Male Sexuality is destined to be a classic of the nineties and beyond.From the Paperback edition.

Book Information

Paperback: 432 pages Publisher: Bantam; Rev Sub edition (July 6, 1999) Language: English ISBN-10: 0553380427 ISBN-13: 978-0553380422 Product Dimensions: 6.1 x 1.2 x 9.2 inches Shipping Weight: 1 pounds (View shipping rates and policies) Average Customer Review: 4.2 out of 5 stars Â See all reviews (51 customer reviews) Best Sellers Rank: #110,352 in Books (See Top 100 in Books) #109 in Books > Politics & Social Sciences > Social Sciences > Gender Studies > Men #128 in Books > Health, Fitness & Dieting > Men's Health > General #456 in Books > Self-Help > Sex

Customer Reviews

This is a very good book that can be used in all stages of a relationship by both men and women. It has some very good information that can be used to validate or inform a person of most aspects of a man's bodily functions. Both the emotional and physical responses that can either cause a healthy response or explain what may be causing a negative response in your relationship. For my husband and me we are using it to help us deal with him getting past problems that have occurred due to Low Testosterone levels and the E.D. that have followed after years of dealing with Low T. By him reading the book he has found that he is not the only man out there with a problem and that it is not something he has to deal with in silence. He also learned that worrying about fixing it or blaming himself for having a problem does far more harm that just dealing with it. The book has given him more confidence to approach the problem with his Dr. The only think I can say to you wives out there that have a husband that you love with a problem is read this book. For years I questioned

weightier the problem was with me, if I was doing something wrong. By reading this book it has shown me that it is not a problem that you have to deal with alone. That there is a reason for his problem and gives you the tools you need to LOVE your man through them. Love is the best cure there is for ED problems and a multitude of other problems, problems that can be just as devastation to your relationship. With this information and the reassurance that you still love him you can give him more than some medicines alone. But if you take on the assumption that you're the cause of his problem or if he tries to make it about you so he doesn't have to face his own problem or feel less of a man because he has a problem.

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