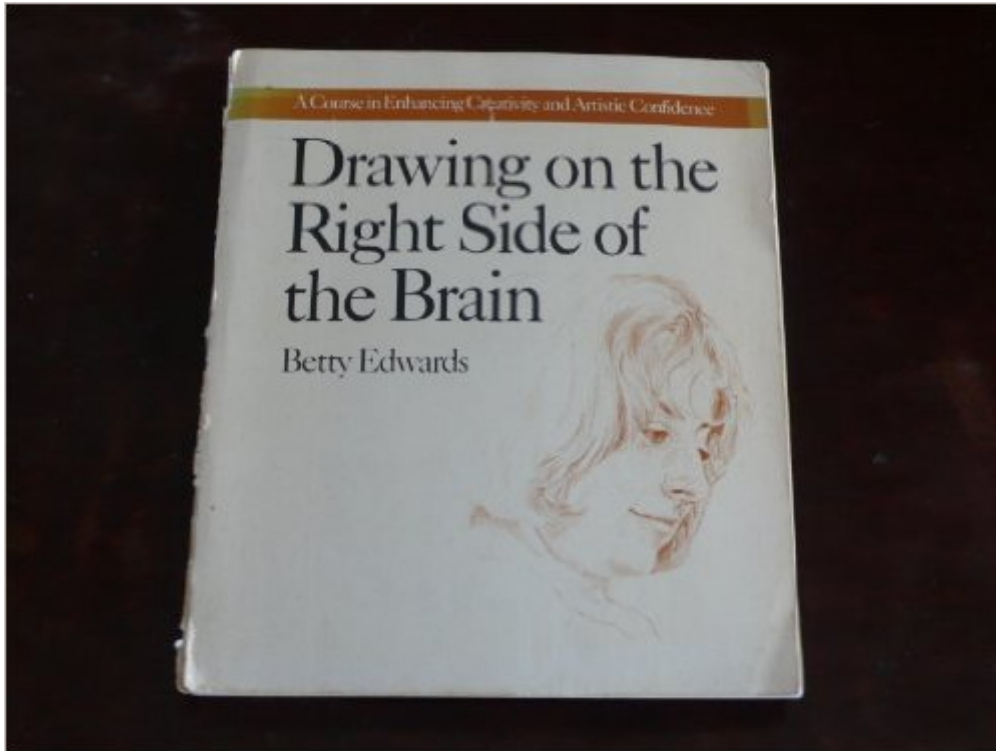


The book was found

Drawing On The Right Side Of The Brain



Synopsis

Revised edition of Betty Edwards' drawing instruction book, in large format with colour illustrations.

--This text refers to an out of print or unavailable edition of this title.

Book Information

Paperback: 207 pages

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Product Dimensions: 9.2 x 0.7 x 7.5 inches

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (646 customer reviews)

Best Sellers Rank: #520,811 in Books (See Top 100 in Books) #100 in [Books > Textbooks > Humanities > Visual Arts > Drawing](#) #165 in [Books > Politics & Social Sciences > Philosophy > Good & Evil](#) #269 in [Books > Health, Fitness & Dieting > Psychology & Counseling > History](#)

Customer Reviews

I bought this book years ago, and it taught me how to dramatically improve my drawing skills. I believe people who are blocked from drawing well will get the most from this book. More accomplished artists may benefit as well by understanding better how the process works. It shows you how to look at things differently, and uses different techniques to enable you to bypass your left (logical) brain, and access your right brain, (your subconscious mind), hence the title. Instead of using left brain- right brain theory to describe this, in my view the more correct description would be to learn to access your subconscious mind which functions at a deeper level, while reducing the way in which your conscious mind interferes with the creative process. Your brain has four levels of consciousness, beta which is normal waking state, alpha which is a relaxed meditative state such as when you are about to go to sleep, theta which is a deeper state associated with creativity and light sleep, and delta which is deep sleep. Normally, your brain shows some activity at all these levels. Artists and other creative people are able to access the creative mental state more easily. Here is an example of how the process works. If you try to draw a chair you may have a definite idea in your logical mind of how a chair should be, so when you draw you are thinking 4 legs, a seat and a back. You know all the legs are the same length, and therefore you may draw that way. This can interfere with you doing a good drawing, because each leg from an artistic

viewpoint is longer or shorter depending on the distance from your eye, so you have to learn how to use your vision to see it differently.

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