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The Zen Of Passing The Bar Exam





Synopsis

Zen is a way of life and so is studying for the bar exam. The Zen of Passing the Bar Exam offers a comprehensive approach to studying for (and passing) the bar exam, drawing a parallel between how one should approach the bar exam, and how Zen principles teach one to approach life. Each section of the book offers a Zen quote to introduce concepts that can be applied to studying for the bar exam in order to maximize your chances of passing. Zen teaches that in order to reach enlightenment, one must strive to be balanced, know your true self, know your universe, and stay focused on your path. Similarly, in order to reach the enlightenment of passing the bar exam, one must have the attributes of balance (between studying and other aspects of life, as well as balancing your study time between subjects, and between essays, MBE questions, etc.), knowing your true self (what type of essay writer you are, what type of learner you are, what type of exam taker you are, etc.), knowing your universe (knowing the law, how the questions are constructed, what to look for, etc.), and staying focused on your path (when to study, what to do when you are stressed/panicked, what to do when you don t know a subject very well, etc.). In addition to offering a comprehensive approach to studying for the bar exam, the book also offers specific, practical advice for doing well on both the essay and MBE portions of the bar exam. The book outlines specific organizational/formatting tips for how to write effective (and efficient) essays under bar exam time constraints. The book is ideal for adoption for any law school bar preparation course (or Academic Support Program), providing many exercises, examples, and model answers applicable to any state s bar exam.

Book Information

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Customer Reviews

By far the best supplemental bar exam mindset book written, and as a 3 time repeater, I've read a bunch of them. This is not the typical how-to book written by authors who are basically "I passed my bar exam on the first try and I have a book's worth of notes to pass along to subsequent test takers who might pay for this book enabling me to pay off my exorbitant law school loans" authors. This author is a clinical law professor. He has many years of experience and insight into a wide variety of learners. He teaches bar prep at his law school, among other things, so he's used to dealing with a wide range of learners, especially law students who struggle with passing the bar exam. He's got mindset ideas common to most supplemental books. Yet, this book is leaps and bounds above those other books, in that he weaves attitude with performance skills. Through a series of very specific mini-examples and targeted skills exercises, the author takes the reader thru various essay and MPT traps he's seen over years of teaching. He points out the traps, and he also gives direction on strategies to avoid them. He gives targeted practice situations to work around those traps, and tools to self-evaluate your performance. This is unlike full essay work common to the bar prep programs, because the skills are short, allowing for your own level of repetition until mastery. The Zen tips are not as hokey as some of the mindset things in other books, and I found myself repeating them in my head a few times during the actual bar exam I passed. This book is well worth your money and your time. Chapter 3 is worth multiple reads. Do a general first read - no highlighting. Do a second read, working through the exercises on notebook paper.

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