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Prostate And Cancer: A Family Guide To Diagnosis, Treatment, And Survival





Synopsis

Prostate cancer is one of the most common cancers affecting American men, with over 186,000 new cases diagnosed in the United States annually; 1 in 6 men will be diagnosed with prostate cancer during his lifetime. Renowned prostate cancer specialist Sheldon Marks offers the definitive guide for men concerned about or diagnosed with prostate cancer, and for their families.Since the third edition (2003), there have been significant changes in treatment and resources. Working with Dr. Judd Moul, the Chairman of Urology at Duke and one of the worldâ ™s top experts on prostate cancer, Marks provides the most up-to- date information on diagnosis, treatment, and common questions.

Book Information

Paperback: 384 pages Publisher: Da Capo Lifelong Books; 4th ed. edition (June 30, 2009) Language: English ISBN-10: 0738213470 ISBN-13: 978-0738213477 Product Dimensions: 6.1 x 0.9 x 9.2 inches Shipping Weight: 1 pounds (View shipping rates and policies) Average Customer Review: 4.4 out of 5 stars Â See all reviews (70 customer reviews) Best Sellers Rank: #51,115 in Books (See Top 100 in Books) #3 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #3 in Books > Health, Fitness & Dieting > Men's Health > Prostate Health

Customer Reviews

This is one of three titles I've purchased on the subject. The others are Dr. Patrick Walsh's Guide to Surviving Prostate Cancer and A Primer on Prostate Cancer: An Empowered Patient's Guide by Stephen B. Strum and Donna Pogliano. Of the three this is the most "user friendly", particularly for those without any experience with medical matters. It is straightforward, practical and gives a good overview of the problem and treatment options. Undoubtedly worth the time and money if you are just starting to get an understanding. I would also highly recommend both of the other books above if you are dealing with more advanced cancer and/or want a more thorough and medically oriented book on the subject.

Of the five or so books I have read on prostate cancer, this has been the most useful. It not only

covers the disease and the various treatments, it gives a lot of practical "what to expect" and "how to cope" advice. It has the best drawings of the prostate and related organs that I have come across.

This book is comprehensive and answers as many questions as someone could have. It has been updated (2003) and the information reflects all current studies (from what I can tell). The information is presented in a very clear, easy to read way, which is very helpful if you are reading this book while under the stress of dealing with a relative or friend who has this disease.

My wife and I found this book to be extremely user-friendly. My doctor suggested this book before I was diagnosed with prostate cancer and it helped us understand the entire diagnosis process. It is completely up-to-date, including nutritional discussions, and it was the best resource we found that discusses all of our treatment options objectively. It was by far the easiest to use and understand compared to some of the other books available--it wasn't preachy and it didn't talk down to the reader. This book has become a well-worn companion of ours and we highly recommend it to anyone that has questions or concerns about their prostate health in general.

Beware! The Kindle edition of this book is seriously out-dated. The current print book was published in 2009 (the 4th edition). The Kindle edition is from 2003, six years earlier! My urologist said, "Be sure you get the current edition." I would have ordered it for my Kindle so I could start reading immediately, but I started comparing the two books and discovered that the Kindle edition was an old edition, not the one I should be reading. I'm submitting this warning to keep people from buying old, out-dated material. The subject is too serious to be reading out-dated material. As it is, the print book is now two years old, but do you want to be reading material from eight years ago? Shame on and the publisher for trying to pawn off old material.

There are many treatment options open to the person diagnosed with prostate cancer. Of course, those available options are related to the specific qualities of the cancer. The person diagnosed with prostate cancer must have knowledge of these options, not only because that is the only way to understand what's going on, but more importantly, because he will ultimately be the one making the teatment option decision. The Sheldon Marks book discusses prostate cancer and the treatment options in a clear concise question / answer format. For myself, I relied on four sources to gather the information needed to make my own traetment option. Three of those sources were flesh and blood doctors. The fourth was this book.

My surgeon said it was very dated. After discussions with him we felt that radiation therapy was the way to go. Marks points out many "bad" effects of radiation which my surgeon said are very dated. I did it and I'm happy now!

This is an exellent guide Prostate And Cancer: A Family Guide To Diagnosis, Treatment And Survival (3rd Edition). Any man diagnosed with prostate cancer should read it before making any treatment decisions. After my biopsy confirmed cancer, my doctor asked me to read this book prior to our meeting regarding treatment. It was a great help and alleviated some fear. If you are in a relationship, your wife/partner should read it also. Another book you should read is Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition. Both books should be required reading for all men.

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