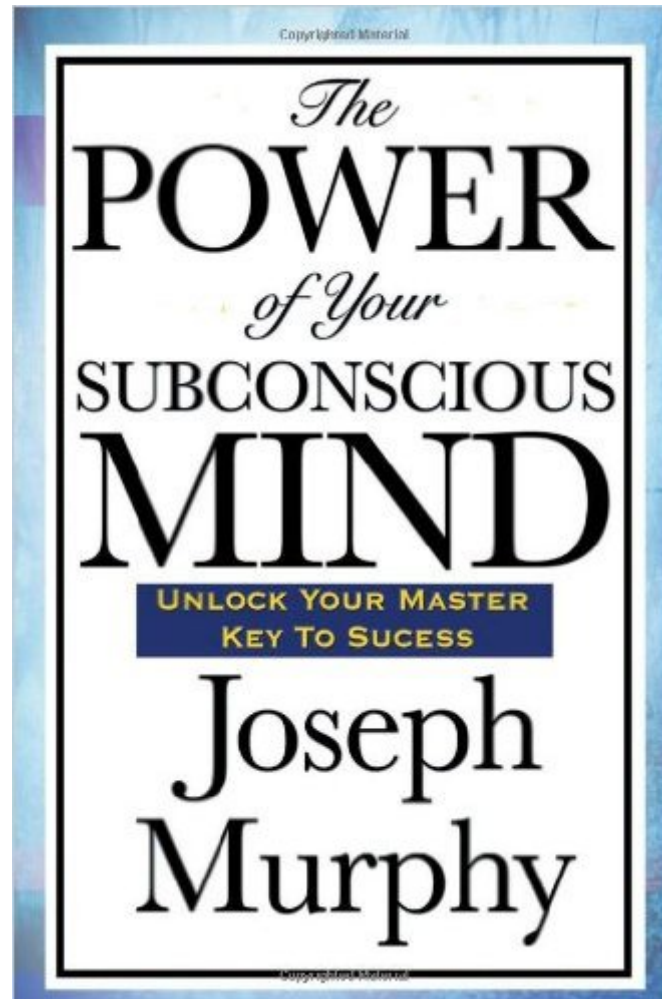


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# The Power Of Your Subconscious Mind



## Synopsis

In *The Power of Your Subconscious Mind*, Dr. Joseph Murphy gives you the tools you will need to unlock the awesome powers of your subconscious mind. You can improve your relationships, your finances, your physical well-being. Once you learn how to use this unbelievably powerful force there is nothing you will not be able to accomplish. Join the millions of people who have already unlocked the power of their subconscious minds. I urge you to study this book and apply the techniques outlined therein; and as you do, I feel absolutely convinced that you will lay hold of a miracle-working power that will lift you up from confusion, misery, melancholy, and failure, and guide you to your true place, solve your difficulties, sever you from emotional and physical bondage, and place you on the royal road to freedom, happiness, and peace of mind.- Dr. Joseph Murphy

## Book Information

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## Customer Reviews

Let me tell you that this is the best book I have ever read and quite literally saved me life. Two years ago I pondered a simple question. Why were some people happy while I was so miserable? I got an account with .com and ordered all the books I could to find to answer the question and I stumbled upon this book. I read it then and thought, 'yeah right this can't possibly be true.' I just could not believe that you could create your destiny with your thoughts. I thought that the book was ludicrous and a waste of time, so I put it down. About 6 months afterward I picked up with an open mind. This time I practiced the techniques just to see what would happen. My first goal was to become more confident. Through a disciplined program of visualization and autosuggestion I accomplished the goal. The strange thing was that I didn't even realize it was happening because the subconscious

mind is so subtle. One day while I was around a lot of people I stopped for a minute and thought, 'Why aren't I nervous?' My confidence problem disappeared right there. Then I began working on different goals one of which was overcoming a fear I had and the techniques worked perfectly again. This is when I really began to believe that there was something to this stuff. Once you realize that anything you could ever want in your life you can get, you are just filled with a mystical sense of awe. The only drawback to this is the difficulty required. I can tell you now that I still am not completely changed. It takes a lot of time and discipline to change your mental patterns, but everyday you just need to keep believing and doing the techniques. It's easy to lose faith and think it's not working, but all you need is that first success and you will be a believer.

A few years back I was at a familiar all-time low. Depressed, angry, frustrated, temperamental, spiteful, prejudiced, envious, hateful, and several more none too commendable traits constituted my mental state. Burdened and wearied by seemingly never ending physical, mental, and emotional problems I thought myself doomed from the start. I always believed then that a dark cloud hung over me, that my life would never get to a proper, more positive and fulfilling path. Peace of mind, satisfaction and fulfillment that come with a successful life I thought were for others more fortunate and never for me. Then one day my mother lent me a book which offered to change one's life for the better. This was that book. At first I was suspicious, the book stating very clearly that one's life is determined by one's thoughts and it can be altered to one's desire all dependent on what one truly believes. Really? I've always heard about the power of the mind and all that brouhaha but at my deeply ingrained negativity and depression at the time it seemed like a con to further my distress. When I started reading the book I was stunned by the light which the words so wonderfully and eloquently conveyed. I couldn't believe that life could be so simple and so good. And have one's life controlled by no one else but ONE'S SELF, by one's power. Halfway into the book I pushed the book aside, thinking it was too good to be true, the author may have meant well, but it was really unreal. Looking back I could see how bad my condition was to think that way. I thought I was done and over with the book, and about a month passed. Yet I couldn't get it off my mind, as if some inner entity in me kept saying, "Try it, give it a chance. You have nothing to lose".

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