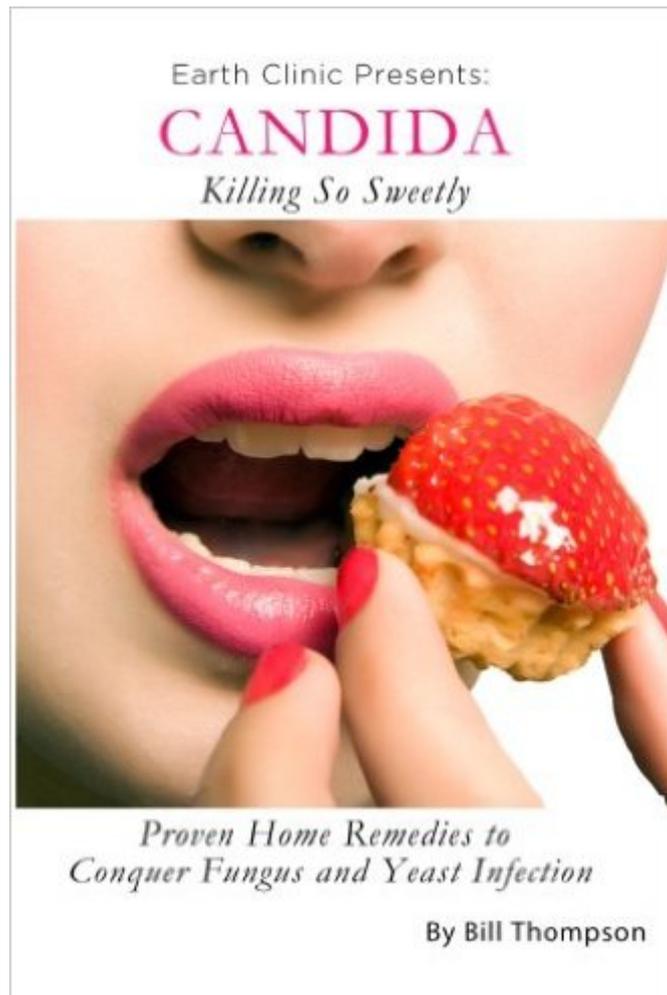


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# Candida: Killing So Sweetly: Proven Home Remedies To Conquer Fungus And Yeast Infection



## Synopsis

Candida – “ Conquering an Invisible Disease You may be among the many suffering systemic ill health – exhaustion, digestive issues, brain fog and other symptoms – “ due to a condition doctors refuse to diagnose. Stop suffering in silence! Do you have a mystery illness that neither allopathic nor alternative treatments are able to cure? Have you had a vaginal yeast infection or intestinal candida for years? Decades? Find out why in these pages! Do you want to fully understand and completely eradicate your own serious candida problem? Discover the truth about how a candida infection really works and get a clearly defined strategy – verified by research – that will quickly eradicate systemic candida and all its symptoms. Do you want to know why doctors’™ treatments rarely work against serious candida problems? And one final question. Do you want to be truly healthy? If so, this is the comprehensive anti-candida strategy that can resolve all your candida-related health problems. Anti-Candida and Anti-Pathogen Protocols Anti-Biofilm Protocols Alkalizing Protocols Essential Body Detox Liver and Kidney Support Vitamin and Mineral Support The Anti-Candida Diet (The Health Defense Diet) This proven anti-candida regimen is fully detailed, with Example Daily Protocol Schedules included to help the candida sufferer defeat their own difficult candida fungal problems. Return to a state of health, and feel like yourself again!

## Book Information

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## Customer Reviews

The book is published by EarthClinic, a great site for all health issues. You have to willing to sit there and READ, sometimes for hours, to find what you may need to know. I have studied nutrition

for many years after a family member became quite ill and allopathic medicine was unable to help. After years of being healthier I sort of fell off the wagon, was under much stress with moving, remodeling, retiring, then new job . . . a recipe for health problems to come up :-). And my usual juicing, eat better regimen didn't take care of the problems. I realized (symptoms for years, just got worse) that I have a serious candida problem. I tried many regimens, and this time nothing was "working." I started reading about turpentine, borax, etc. on EarthClinic, but it was hard to get a handle on ideas (as one reviewer said, "drink turpentine???" ) that I was unfamiliar with. I read, and read, and read some more, and started seeing these ideas on other websites (Dr. J. Daniels for one). When I read the mechanism (dissolves the biofilm and chitin skeleton) I thought, of COURSE, this is a great solution. So . . . for clarification I bought the book, and read it quickly. I have read many candida books over the years, and Bill Thompson's book is easy to understand, he explains all aspects of the protocol very well. Details every supplement, why to use it, possible alternatives. He explains his own personal history, and mentions that he sells nothing, and will only profit from sales of his book. I am a biologist and have had organic and biochem, etc, so I understand and agree that this protocol is excellent. EarthClinic.com has many stories of success about it, it just takes quite a lot of reading to find the gems. I'm going to get the few remaining supplements I don't have and start next week. I will update in a few weeks.

I used many of the suggestions in this book and subsequent updates through Earth Clinic website by this author and "Ted" to address many issues related to systematic candida, SIBO, GERD, HPylori, histamine intolerance, hayfever allergies and constipation successfully. Since I was sensitive to many herbs, this book gave me a bridge to move on to other steps successfully. I avoided some of the unorthodox suggestions and supplements so you need to use common sense and caution but the nucleus of the protocol offers faster results and relief than others. If you can afford buying a step by step protocol for candida, I suggest The Whole Journey by Christa Orecchio as she is very thorough. Again, this pathogenic fungi and bacteria are at the heart of many autoimmune conditions and if you don't eradicate the infections successfully, you will relapse. By eradicating, I mean not only addressing the fungi overgrowth in the stomach and intestines but also the cells/blood. This takes time and commitment. Keep in mind that candida does not only relate to yeast infections but a whole spectrum of ailments and symptoms related to fungal overgrowth/mycoplasma. Don't let it get out of hand - this is how serious this condition is. I wish the author would have included more dietary suggestions, optional supplements for intolerances and covered more territory about SIBO, histamine intolerance, avoiding fermented foods which snuff out

the oxygen (fermented foods can be added once you heal from candida), autoimmune, etc. but his protocol does help eradicate many of those symptoms and in this regard, covers a lot when followed. Keep in mind that every system reacts differently but I found the alkalizing suggestions to be extremely helpful. I have found that when authors have battled the condition themselves, they often provide a very personal perspective due to the time invested researching to improve their own health. There is a lot of confusion regarding references to fungi and/or bacterial overgrowth but when you have a dysbiosis of the gut you have many issues and pathogenic strains, not limited to parasites/H. Pylori/bacteria/fungi/yeast/mycoplasma, etc and this is the reason why the most successful recoveries are done in steps and that takes time. For example, the GAPS diet helps increase the good bacteria levels but if you also have an issue with fungi/yeast overgrowth, the fermentation and too much calcium can worsen the candida/yeast issues and tip the scale further. When there is a gut dysbiosis, you usually have low levels of good bacteria combined with a fungal overgrowth as well as parasitic issues for some. So this is why diet alone cannot resolve the issues but it is a necessary part for recovery. This book focuses on the fungal/yeast overgrowth.

This book should be a must read especially for every woman. So many of us are plagued with bladder infections and this is the cause. When we get rid of the Candida in our system we will all see our health get so-o-o much better. When we rid ourselves of the Candida (which I think of as sugar or yeast in my body) we will get rid of a host of other illnesses that plague us. It will help so many things including but not limited to blood pressure, heart disease, exzema, allergies, etc and so on. This is one cure that will bring us back to health quicker than anything else and get rid of so many illnesses with this change. In order to cure us of what ails us, we are going to have to take our lives in our hands and figure out a natural way and that is where this book comes in. If you are motivated to get healthy once and for all, do this for yourself and your family and read this book. It will answer so many questions you have about why your body reacts to certain things you eat. This book will wake you up on what we are all doing to our bodies by what we take-in. I bought 4 more of these books to give to friends to educate them so they can tell others what they have learned about the yeast in their bodies and how much damage it is causing. It has made me restrict the sugar that I take in and I thought nothing would do that because I have always but always been addicted to sweets and sugar and sugar and sweets. Now, please, read this book and heed what it tells you. I wish I could afford to give this book to anyone who would read it because I certainly would. I truly believe in ridding the Candida from the body and healing ourselves.

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