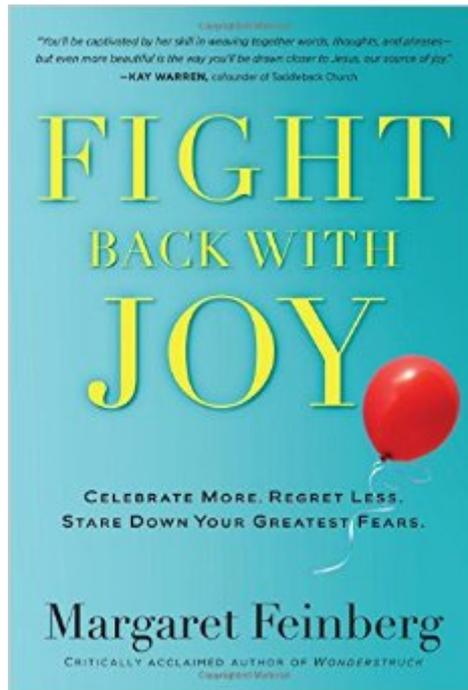


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# Fight Back With Joy: Celebrate More. Regret Less. Stare Down Your Greatest Fears.



## Synopsis

When Margaret Feinberg learned she had cancer, she knew she would need great strength to overcome it. She believed the weapon she selected for the battle would change everything. And she decided that weapon would be joy. *Joy Is More Than Whimsy. It's the Weapon You Can Use to Fight Life's Greatest Battles.* Through months of treatment, questions, and hopes, Margaret discovered that joy is a far more dynamic force than most of us realize. It has the power to reignite our passion for laughter and celebration. It can free us to rise above endless demands as we become more content and thankful. It can change unchangeable circumstances and bring a peace rooted in the remarkable love of God. Here Margaret shares her journey of using joy to fight back fear, regret, and pain. Whatever you face today, discover with Margaret how to embrace a way of living that's deeper and fuller than you've ever known—a life radiant with joy.

## Book Information

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## Customer Reviews

From:

<http://belleslibraryshelf.blogspot.com/2015/01/blog-tour-fight-back-with-joy-by.html> Review: This book wasn't an easy read. It wasn't the kind of book that I could quickly speed through, as is my favorite types of reads. It was a harrowing journey of a woman descending into her life's darkest depths, and that shouldn't be an easy read. Margaret begins her year like any other. She decides not to do traditional yearly resolutions, instead picking a word to meditate on for the year. The year that God brings to her is "joy." Little does she know that in a few short months she'll be challenged with such

an incredible depth of that often ambiguous Christian-ese. The book is written well as different chapters acting as different aspects of joy that Margaret learned during her battle with breast cancer. She sets up each point with a personal story from her life as well as that of a biblical character exhibiting this aspect of joy. This is a touching, intimate look of a dehumanizing sickness faced by people each and every day. I appreciated the gripping look into its difficulty and feel like I have a better compassion for others going through such trials. Application: The main points about joy are written in bold or italics, so it is easy for the reader to "get" and chew on later. One of the aspects that I found most useful was the additional resources at the end of the book. There were useful tips for what not to say for someone who is going through such a crisis, and ways to help. Margaret understands that more Christians want to help, but often say the wrong things despite genuine intentions. Favorite quotes: More than whimsy, joy is a weapon we use to fight life's battles (12).

January 1st, 2015 finds me sitting on the couch in yoga pants, staring at a screen of sentences that I've deleted and re-written way more times than I care to admit. I'm struggling and stretching through what I'm hoping will be inspirational and motivational New Year's Resolutions, but are sounding more like the reflections of a sad, lonely 26-year-old. I ended up with this post, which is mostly my acknowledgement of discouragement and my commitment to keep pressing on day by day, despite being unclear about what the future will hold. In the midst of avoiding writing that post, I read lots of other blogs and caught up on emails, and came across one from a newly favorite author, Margaret Feinberg, looking for bloggers to read an early-release excerpt of her new book and write about it. I'm always up for great books, especially ones I'm already excited to read, and quickly signed up. As I began to read the very first page of the excerpt, containing simply the (reviews), I read this: "When you feel stuck in the rut of discouragement, there's no greater gift than rediscovering joy. With profound insight and poignant grace, Margaret Feinberg takes you on a journey toward joy that will reawaken your heart to the glee that comes with knowing God. You can't read this book and stay the same." (Pete Wilson, senior pastor of Cross Point Church in Nashville, TN and author of Plan B and Let Hope In) I thought about what interesting timing to come across a book about joy, as I have just recognized how discouraged and stuck I feel, and how my prayer has been for rescue and help in the midst of that. What a coincidental discovery on this day, and what a welcome interlude on this quiet day those three chapters were.

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