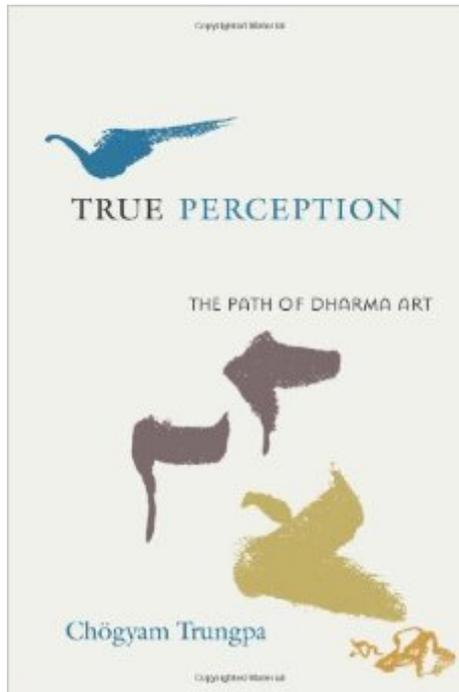


The book was found

# True Perception: The Path Of Dharma Art



## Synopsis

Genuine art has the power to awaken and liberate. The renowned meditation master and artist ChÃ¶gyam Trungpa called this type of art "dharma art" "any creative work that springs from an awakened state of mind, characterized by directness, unselfconsciousness, and nonaggression. Dharma art provides a vehicle to appreciate the nature of things as they are and express it without any struggle or desire to achieve. A work of dharma art brings out the goodness and dignity of the situation it reflects" dignity that comes from the artist's interest in the details of life and sense of appreciation for experience. Trungpa shows how the principles of dharma art extend to everyday life: any activity can provide an opportunity to relax and open our senses to the phenomenal world. An expanded edition of Trungpa's Dharma Art (1996), this book includes a new introduction and essay.

## Book Information

Paperback: 224 pages

Publisher: Shambhala; 2nd Revised edition edition (November 11, 2008)

Language: English

ISBN-10: 1590305884

ISBN-13: 978-1590305881

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars See all reviews (14 customer reviews)

Best Sellers Rank: #134,353 in Books (See Top 100 in Books) #173 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #195 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice #30020 in Books > Religion & Spirituality

## Customer Reviews

This is a serious guide towards meshing creativity harmoniously with life. The concepts here are nothing like an occidental art class where you talk of composition and form, but the ideas here could potentially free the inner-creator to realize full potential. I believe this book to offer something truly precious, advice worth cherishing. (Not precious dainty but a real cosmic gift) The earlier printing has nicer quality reproductions of the images...

This is a slow read, much like some of Weston's day book writing. I am reminded of Weston and

Minor White when I read this. This is a good read for any one interested in the founder - inspirational leader of the Contemplative photography movement aka Miksang

I was delighted to see a new edition of Dharma Art by crazy wisdom Tibetan teacher, Chogyam Trungpa. His brief life has shone a fresh and awake light in our world. This is an important addition to Trungpa's Shambhala vision and books. May all beings benefit from this vision as it dispells the darkness of confusion.

Not too difficult reading re-printed from The Collected Works of Chogyam Trungpa. A very good introduction to some of the general, and particular, elements of contemplative photography from a Tibetan perspective.

Chogyam Trungpa + Art?!!! Does it get any better?! I adore this collection. A wonderful collection for your own library and an excellent gift for any art lover/art maker/mindfulness enthusiast in your life.

this book speaks to the experience of perceiving with eloquent yet accessible language. it touches on so many facets of the creative process in ways that I have not heard discussed in other books. full of heart and wisdom.

One of the most experiential and profound presentations of how to meet and interact with ourselves and the world. Nonjudgmental, secular and available presentation of how to experience and meet our lives and our world. Will wake you up and inspire you in so many ways. Please..jump in..

[Download to continue reading...](#)

True Perception: The Path of Dharma Art  
The Path of Individual Liberation: The Profound Treasury of the Ocean of Dharma, Volume One  
The Tantric Path of Indestructible Wakefulness: The Profound Treasury of the Ocean of Dharma, Volume Three  
The Bodhisattva Path of Wisdom and Compassion: The Profound Treasury of the Ocean of Dharma, Volume Two  
Treasury of the True Dharma Eye: Zen Master Dogen's Shobo Genzo  
Art and Visual Perception: A Psychology of the Creative Eye  
Warriors: Ravenpaw's Path #3: The Heart of a Warrior (Warriors Manga - Ravenpaw's Path)  
Dharma Delight: A Visionary Post Pop Comic Guide to Buddhism and Zen  
Dharma Punx After Buddhism: Rethinking the Dharma for a Secular Age  
Scripture of the Lotus Blossom of the Fine Dharma: (The Lotus Sutra) (Translations from the Asian Classics)  
What is the Dharma?: The essential teachings of the Buddha  
The Six Dharma Gates to the Sublime  
Bringing Home the

Dharma: Awakening Right Where You Are Being Dharma: The Essence of the Buddha's Teachings  
The Five Dharma Types: Vedic Wisdom for Discovering Your Purpose and Destiny The Dharma of  
Dragons and Daemons: Buddhist Themes in Modern Fantasy Sit Down and Shut Up: Punk Rock  
Commentaries on Buddha, God, Truth, Sex, Death, and Dogen's Treasury of the Right Dharma Eye  
Architecture and Tourism: Perception, Performance and Place Neural Network Training Using  
Genetic Algorithms (Series in Machine Perception and Artificial Intelligence)

[Dmca](#)