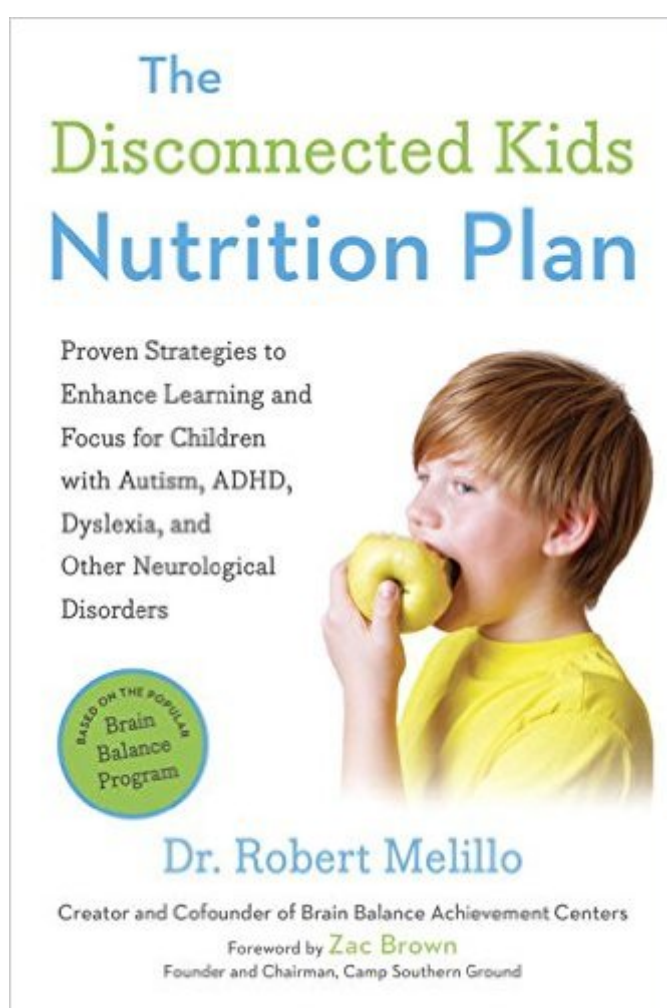


The book was found

# The Disconnected Kids Nutrition Plan: Proven Strategies To Enhance Learning And Focus For Children With Autism, ADHD, Dyslexia, And Other Neurological Disorders



## Synopsis

A scientifically developed program for feeding kids with special needs--based on the popular Brain Balance Program. Dr. Robert Melillo's Brain Balance program has helped thousands of families across the country, offering a drug-free, scientifically based method for addressing a wide range of conditions, including autism spectrum disorders and ADHD. In this new book, he presents the nutritional side of the Brain Balance Program, featuring guidelines, tips, and kid-friendly recipes based on the latest scientific research on how food affects the brain. Designed to help busy parents feed picky kids in a beneficial way, the book will show readers how to:

- Recognize the difference between a fussy eater and a problem eater.
- Ease the sensory issues that make for mealtime mayhem.
- Identify food sensitivities using a simple elimination diet.
- Choose supplements that will help ensure adequate daily amounts of the specific vitamins and minerals important to brain health.
- Prepare delicious, healthy meals that will pass the taste test of even the most finicky eaters.
- Understand how the brain plays a primary role in many dietary and nutritional issues including food sensitivities.

## Book Information

Paperback: 272 pages

Publisher: TarcherPerigee; 1 edition (April 5, 2016)

Language: English

ISBN-10: 0399171789

ISBN-13: 978-0399171789

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars See all reviews (9 customer reviews)

Best Sellers Rank: #20,359 in Books (See Top 100 in Books) #9 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #35 in Books > Parenting & Relationships > Special Needs > Disabilities #260 in Books > Health, Fitness & Dieting > Nutrition

## Customer Reviews

My son and myself included both have ADHD and SPD. I am also an Occupational Therapy Assistant and like having any knowledge I can give back to any parents who might ask. I like the simple and to point lay out of the book and find it easy to follow and understand. I will definitely share with anyone I can.

It is wonderful to see the needs of the 'whole child' addressed using proven scientific data. Too many times nutrition is discounted; when it can be part of the solution. Jen Martin Distinguished Teacher (retired) O & M Tutoring, LLC [coandmtutoring@gmail.com](mailto:coandmtutoring@gmail.com)

There is not a single shred of evidence that supports Dr. Melillo's functional disconnect syndrome, I offer a review of that program and its actual merits. This is done along side other programs of similar nature, find the research here, [...]

Purchased this book as a gift for a family friend. We found the book to be very informative and interesting.

This book arrives quickly package perfect with no damage and was exactly what we needed to help try to help our son with his behavior issues

purchased for my granddaughter who says it is very helpful and informative

Good info however easily found on the net.

great book - learning a lot!

[Download to continue reading...](#)

The Disconnected Kids Nutrition Plan: Proven Strategies to Enhance Learning and Focus for Children with Autism, ADHD, Dyslexia, and Other Neurological Disorders  
Disconnected Kids: The Groundbreaking Brain Balance Program for Children with Autism, ADHD, Dyslexia, and Other Neurological Disorders  
Autism: 44 Ways to Understanding- Aspergers Syndrome, ADHD, ADD, and Special Needs (Autism, Aspergers Syndrome, ADHD, ADD, Special Needs, Communication, Relationships)  
Youmans Neurological Surgery, 4-Volume Set: Expert Consult - Online and Print, 6e (Winn, Neurological Surgery)  
Neurological Rehabilitation, 6e (Umphreds Neurological Rehabilitation)  
Self-Regulation Interventions and Strategies: Keeping the Body, Mind & Emotions on Task in Children with Autism, ADHD or Sensory Disorders  
The Autism Discussion Page on the core challenges of autism: A toolbox for helping children with autism feel safe, accepted, and competent  
The Autism Activities Handbook: Activities to Help Kids Communicate, Make Friends, and Learn Life Skills (Autism Spectrum Disorder, Autism Books)  
The Insider's Guide to ADHD: Adults with ADHD

Reveal the Secret to Parenting Kids with ADHD BUSINESS PLAN: Business Plan Writing Guide, Learn The Secrets Of Writing A Profitable, Sustainable And Successful Business Plan ! -business plan template, business plan guide - What to Expect When Parenting Children with ADHD: A 9-step plan to master the struggles and triumphs of parenting a child with ADHD The Autism Discussion Page on anxiety, behavior, school, and parenting strategies: A toolbox for helping children with autism feel safe, accepted, and competent Healing the New Childhood Epidemics: Autism, ADHD, Asthma, and Allergies: The Groundbreaking Program for the 4-A Disorders The Dyslexia Empowerment Plan: A Blueprint for Renewing Your Child's Confidence and Love of Learning ADHD Without Drugs - A Guide to the Natural Care of Children with ADHD ~ By One of America's Leading Integrative Pediatricians The Price of Privilege: How Parental Pressure and Material Advantage Are Creating a Generation of Disconnected and Unhappy Kids Treatment of Autism Spectrum Disorders: Evidence-Based Intervention Strategies for Communication and Social Interactions (CLI) Books For Kids: The Misadventures of Mischievous Missy (KIDS ADVENTURE BOOKS #9) (Kids Books, Children Books, Kids Stories, Kids Adventure, Kids Fantasy, Mystery, Series Books Kids Ages 4-6 6-8 9-12) Successful Business Plan: Secrets & Strategies (Successful Business Plan Secrets and Strategies) 101 Games and Activities for Children With Autism, Asperger's and Sensory Processing Disorders

[Dmca](#)