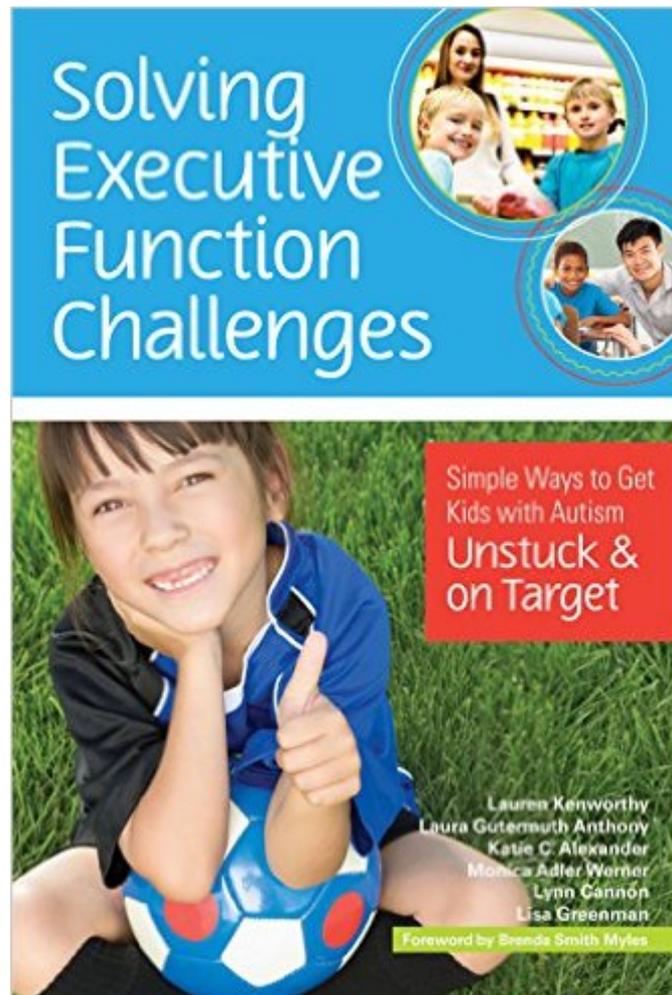


The book was found

# Solving Executive Function Challenges: Simple Ways To Get Kids With Autism Unstuck And On Target



## Synopsis

How can you help kids with autism be flexible, get organized, and work toward goalsâ”not just in school but in everyday life? It&#39;s all about executive function, and this quick problem-solving guide helps you explicitly teach these critical skills to high-functioning children with autism (Grades K-8). Used on its own or in tandem with the popular *Unstuck and On Target!* classroom curriculum, this practical guide shows how to embed executive function instruction in dozens of everyday scenarios, from morning routines to getting homework done. Designed for therapists, teachers, and parents, these highly effective techniques give children the skills they need to navigate each day, reach their goals, and succeed inside and outside the classroom.

**THIS BOOK HELPS YOU:**

- Understand executive functionâ”why it&#39;s important and why it&#39;s challenging for children with autism
- Teach three skills critical to success: flexibility, goal setting, and organization
- Use consistent scripts and key words to help children process your message
- Model desired behaviors â”and fade your guidance as children generalize skills
- Provide simple, effective visual cues that keep kids unstuck and on target
- Keep it fun and positive, with tips on creative, playful ways to teach executive function skills

**PRACTICAL MATERIALS:** Dozens of specific, easy-to-do examples; "Goal, Plan, Do, Check" scripts and worksheets that break down tasks into small, achievable chunks; key words and phrases that help kids stay on target; reproducible visual aids; sample IEP goals. Help children with autism

- Compromise with family and friends
- Turn "big deals" into "little deals"
- Move on to Plan B when Plan A doesn't work
- Make plans and carry them out
- Solve problems independently
- Be a good friend
- Handle disappointments and unexpected events
- Avoid "whims" that get them off track

Quick-reference magnet included! As a bonus, you&#39;ll also get a 4 x 6 magnet printed with key words and sample scripts from *Unstuck and On Target!* It&#39;s a handy quick reference for the "Goal-Plan-Do-Check" process that helps students set and meet goals.

## Book Information

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## Customer Reviews

This is the most helpful book I have ever read on this subject. It offers flexibility in use and immediately, on page 3, there is Table A, which "will help you decide where in this book to start in order to meet your needs." A major help in getting to the information I wanted right away! There is a plethora of easy to implement strategies in all areas of ASD special needs, easy to understand information throughout which is so important for a parent, ideas to consider when writing an IEP, a special Goal Plan Do Check format that makes so much sense, and so much more. I have read many, many books and have never been so impressed with the content and value that this book gives. Be sure to get this "parent" book and not the teacher edition.

I know there are a lot of books on the market for autism and help with behavioral issues. I have read many of them. They were all lacking something I was looking for..except for this one. We as parents always try to find ways to calm the chaos of our children's lives and to set great boundaries and lead/teach them well. Often times with children on the autism spectrum or children who have other learning disabilities or ADHD they do not follow a typical pattern and do not react as their typically developing peers might to generalized set structure. This book really keeps in mind how children on the spectrum think and learn. It makes setting boundaries and helping your ASD (or other challenged) child a success and something easily achievable. This books ideas and steps help the child feel like they have control over their own emotions, feelings and goals. It is a very easy to follow step by step guide to streamlining the methods needed to help these children regulate behavior, emotions and organize themselves. It helps motivate both child and parent, and keeps a basic and easy to understand dialogue that children on the spectrum respond well to. The book walks you through each step, with visual cues to hang around the home, and set vocabulary to communicate effectively. Success with your child is guaranteed. I have multiple children all on the spectrum (all verbal, but all at very different levels of achievement and understanding) and it has worked with them all. Executive function is something most children come by naturally, but for children who learn differently this can be a large road block. This book takes you on a step by step, easy to read and understand, journey that will have you feeling optimistic about your child's chances

of success in the world and their ability to not only understand executive function, but to one day be independently using it successfully.

This book is a must for parents who have rigid, challenging kids, including my child with ADHD. It is practical, easy to use, and makes you think in different ways so you can change your behavior to help you change your child's behavior! My family life is so much better since this book!

Great book! I recommend to any parent with a child on the spectrum.

Good, practical and easy to understand/apply information regarding executive functioning. Nice parent/family companion to the curriculum.

This book has been a great help in our life

Product as promised, fast shipping.

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The Autism Discussion Page on the core challenges of autism: A toolbox for helping children with autism feel safe, accepted, and competent  
The Autism Activities Handbook: Activities to Help Kids Communicate, Make Friends, and Learn Life Skills (Autism Spectrum Disorder, Autism Books)  
Autism: 44 Ways to Understanding- Aspergers Syndrome, ADHD, ADD, and Special Needs (Autism, Aspergers Syndrome, ADHD, ADD, Special Needs, Communication, Relationships) On Target: Spanish for Healthcare Providers (On Target Audio CD Packages) Ruppel's Manual of Pulmonary Function Testing, 10e (Manual of Pulmonary Function Testing (Ruppel)) Manual of Pulmonary Function Testing, 9e (Manual of Pulmonary Function Testing (Ruppel)) Enterprise Risk Management - Straight to the Point: An Implementation Guide  
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