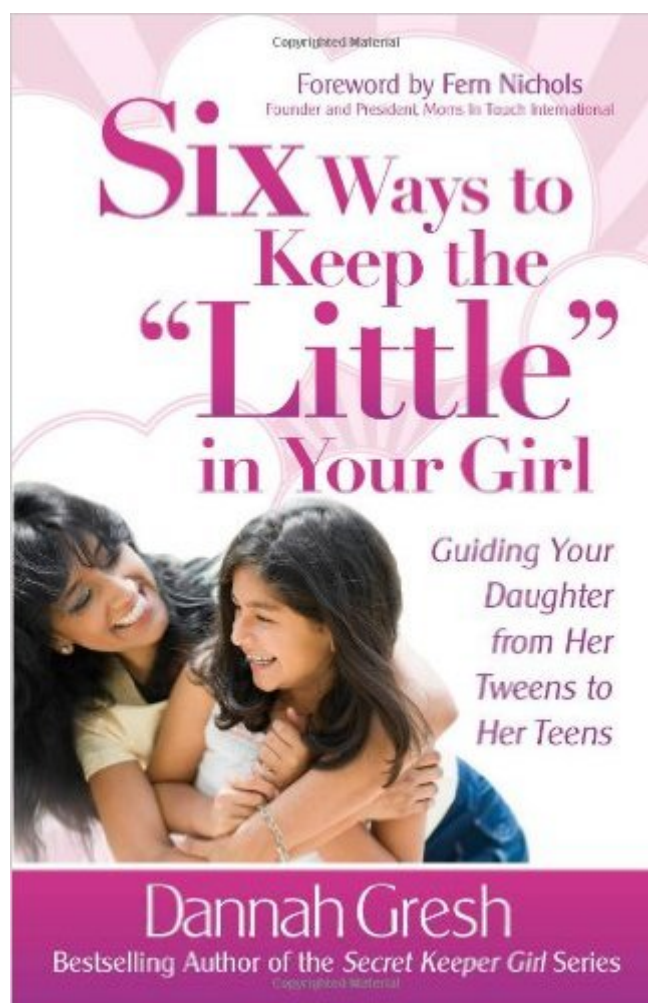


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# Six Ways To Keep The "Little" In Your Girl: Guiding Your Daughter From Her Tweens To Her Teens (Secret Keeper Girl® Series)



## Synopsis

Bestselling author, speaker, and founder of the Secret Keeper Girl conferences, Dannah Gresh shares with moms the secret to helping today's girls grow up confident, grace-filled, and strong in their faith. Studies show that the foundation for an emotionally healthy teen girl is built between the ages of 8-12 and that a good relationship with mom is one of the most important factors. So when the world wants girls to grow up too fast, how does a mother help her young daughter navigate the stormy waters of boy-craziness, modesty and body image, media, Internet safety, and more? With a warm, transparent style, Dannah Gresh shares six ways a mom can help protect and guide her daughter, including: help her celebrate her body in a healthy way, unbrand her when the world tries to buy and sell her, unplug her from a plugged-in world, dream with her about her prince, and more. This wonderful resource also provides moms a Connection IQ Inventory to test their mom-daughter relationship, creative and fun activities to do together, and Scriptures for the mom to pray for her daughter.

## Book Information

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## Customer Reviews

After reading this book, you will have an understanding of the brain development of tween girls, and just how important it is to form their values on the issues of modesty, boys, sex, etc before they become teenagers. The tween years are the value formation years. This is when values will be set in a girl's brain; values she will act on as a teen. It is vital that we connect with our daughters in order to pass on healthy values. Dannah has included a connection IQ quiz as a tool for mothers to

become aware of where their relationship with their daughters stand. The quiz opened my eyes to some ways I can better connect with my daughter and inspired me to take action. In another post, I will list some ideas for mother/daughter dates that I have gleaned from searching the internet. I love this quote from Dannah: "So the question for you now - in her tweens - is not "Should I talk to her about boys, and sex, and periods, and other stuff that scares me silly?" The question is "How do I talk to her about boys, and sex, and periods, and other stuff that scares me silly?" without robbing her of her innocence?" What a great point Dannah makes! I think that is what many mothers are afraid of: that if we raise these issues with our daughters too early, we will rob them of that girlhood innocence. Well, rest assured, Dannah does a fantastic job of providing you with ideas and words that are gentle, but do the job. You will learn about the importance of role play even during the tween years. Has your daughter seemed to lose interest in such creative play? Dannah shares three ideas on how to encourage her to play roles in unconventional ways. Such play is directly linked to that value formation that is vital at this time in her life.

A very practical book for parents looking for practical solutions. Most would agree that active participation is foundational to succeeding as a parent and this book is full of ways to be involved in the life of your daughter from the earliest ages. It has an admitted and obvious Christian bent, but make no mistake; this book is sound and straightforward, and aligns up-to-date approaches with up-to-date research. I don't want to belabor the good since there are plenty of positive reviews available and many of them provide enough substantive material to let you know whether this would be a good book for you to pick up. I do want to make a point that the title was a little misleading for me. "How to raise your daughter for marriage" would be a more appropriate title for the book, since that seems to be its aim. This seems to be the only approach that many Christian authors appear to be able to take on this point and so I don't want to single out Gresh as if she is alone in this matter. I do, however, think she should share the burden of criticism with the masses who perpetuate this "marriage-only" culture. They are characterized by battle-cries that cherry-pick Old Testament verses that talk about the blessings of physical children and a physical marriage while they willingly ignore and neglect many of the New Testament verses that talk about Christ fulfilling the marriage picture, Christ's declaration that his followers are born through spiritual means, and somehow consistently miss the connection between Paul's encouragement to single people to remain sexually pure and to devote themselves to God through a single life. Dannah Gresh deserves a huge 'thank you' for a book that is simple, accesible, and much needed in a society that hyper-sexualizes young girls.

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