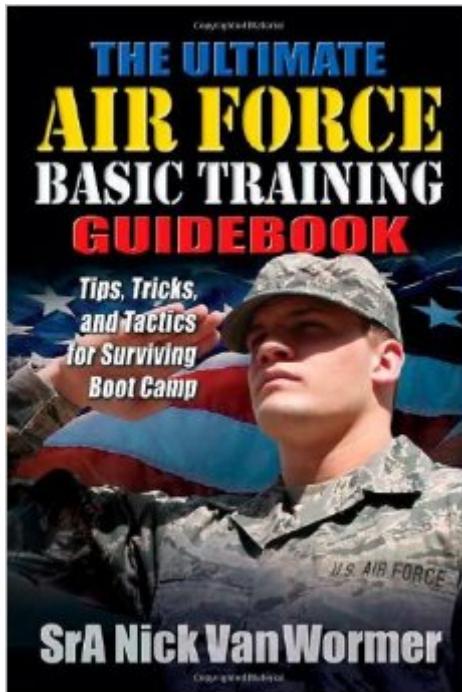


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# The Ultimate Air Force Basic Training Guidebook: Tips, Tricks, And Tactics For Surviving Boot Camp



## **Synopsis**

Air Force basic training is now more challenging than ever, both mentally and physically. In the past few years the Air Force has redesigned its basic military training requirements to prepare airmen for the ever-changing role the Air Force is now engaged in around the world in todayâ™s War on Terror. The Ultimate Guide to Air Force Basic Training shows you, step by step, how to survive and thrive in todayâ™s basic training program. Beginning with the recruiting process and taking you all the way through basic training graduation day, this book answers all your questions and will help alleviate your fears and concerns as you enter this new and exciting period of your life. Author SrA Nicholas Van Wormerâ™s book is a fresh and updated insiderâ™s view of what you will encounter and how to perform to graduate at the top of your class. It also includes interviews with recent basic training graduates, recruiters, and even military training instructors to better provide you with the most detailed guide to Air Force basic training ever published. Whether you are getting ready to ship out to basic training or just looking into the different military options available to you, The Ultimate Guide to Air Force Basic Training is an invaluable tool that will help guide you through an otherwise daunting and difficult process.

About the Author: Nicholas Van Wormer graduated from Air Force basic military training as an honor graduate in 2007. Since that time he has served in multiple missions in support of Operation Iraqi Freedom. These missions included deploying to Baghdad, Iraq in 2009-2010.

## **Book Information**

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## **Customer Reviews**

This book is the absolute best in the nation. I learned so much from it! My entire family is Navy and Army, so low and behold when I decided to go Air Force. This has definitely prepared me for what is to come. Even my family read it and agreed that they wished they had the chance to buy this book before they joined. It goes into great detail of the trials and tribulations of bootcamp, and the games the military likes to play. There is no bulls\*\*t written in this book. It is quick, concise and very straightforward. I am more than blessed to have found this. The price does not compare to the amount of information given in the book. It is more than worth it. Thank you, Nicholas Van Wormer for your great insights into the AF world. It has been a great help, and I am completely satisfied with my purchase.

This book (and her recruiter) has been my daughter's "bible" as she prepares to enter the air force. As a parent, I too have benefited a great deal, understanding better what may be expected. Excellent choice and highly recommended.

I read this book cover to cover in about 3 or 4 hours. There's TONS of info in it and it tells you straight up. The workout plan in it seems like it should work pretty well. I start it tomorrow : The only thing I was a little bummed about was that when he was explaining weeks 4-8 he kind of skipped a bit.. but it's not telling you what happens in bmt, it tells you how to survive it. GREAT book, and for the price alone it's VERY worth it. Also his youtube videos are awesome.. i wish he'd make more.

This book is a must read for anyone interested or joining the USAF. It breaks down step by step what to expect as you begin your journey in the AF. Informative book, easy to follow. I highly recommend this book to anyone who is enlisting in the Air Force. UPDATE: After reading and going to US Air Force bootcamp i would again highly recommend this book. Its really a must read for anyone enlisting in the US Air Force. Good luck!

Got this for my nephew, who was going in the Air Force, and he said that it worked absolutely perfectly in his preparation for it. Since he's doing well in basic training now, I guess it went fine. I'll update this review when he comes back, but I have a hunch it'll be right on time.

I'm a disabled Air Force veteran from 1995-2004. My son is going in and I wanted him to get some ideas before going of what to expect, since I'm sure it has changed since I was there in 95. This book is GREAT! The author did a great job of providing relevant material that is strictly what is

needed ASAP! No fluff. Which is perfect. I read it and it is everything that I wish I would have known before I left. Surprising not much has changed from when I went. Thank you for providing this!

Very good value for money and (from what I understand) - very relevant to anyone enlisting in the USAF. There were a number of grammatical and spelling areas - but they are easy to ignore.

good book to read before heading to basic, just some information isn't up to date but the big picture and general gist of what's going to happen is put out clearly. Definitely a good buy!

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