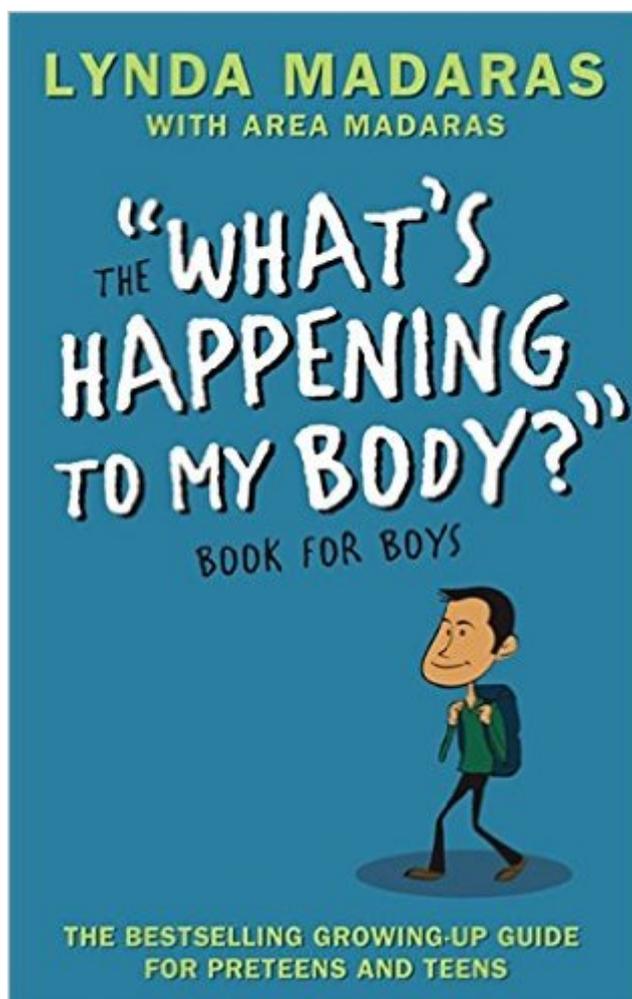


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# What's Happening To My Body? Book For Boys: Revised Edition



## Synopsis

Everything preteen and teen boys need to know about their changing bodies and feelings. Written by an experienced educator and her daughter in a reassuring and down-to-earth style, "What's Happening to My Body?" Book for Boys gives sensitive straight talk on: the body's changing size and shape; diet and exercise; the growth spurt; the reproductive organs; body hair; voice changes; romantic and sexual feelings; and puberty in the opposite sex. It also includes information on steroid abuse, acne treatment, sexually transmitted diseases, AIDS, and birth control. Featuring detailed illustrations and real-life stories throughout, plus an introduction for parents and a helpful resource section, this bestselling growing-up guide is an essential puberty education and health book for all boys ages 10 and up.

## Book Information

Series: What's Happening to My Body?

Paperback: 256 pages

Publisher: William Morrow Paperbacks; 3 edition (June 6, 2007)

Language: English

ISBN-10: 1557047650

ISBN-13: 978-1557047656

Product Dimensions: 6.1 x 0.6 x 9.1 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (155 customer reviews)

Best Sellers Rank: #3,263 in Books (See Top 100 in Books) #1 in [Books > Teens > Personal](#)

[Health > Maturing](#) #5 in [Books > Children's Books > Growing Up & Facts of Life > Health >](#)

[Maturing](#) #6 in [Books > Parenting & Relationships > Parenting > Parenting Boys](#)

Age Range: 12 - 15 years

Grade Level: 7 - 9

## Customer Reviews

I see a lot of reviews from parents. How about a review from a reader? The first edition of this book was published in 1984; I am a man and I was given this book by my parents in 1994 at age 11 (there also exists a "...Book for Girls" version). My review is based on the first edition. Let's get this out of the way -- this book is THOROUGH. It is massively informative. There will be stuff your kid doesn't necessarily understand -- lord knows I had to reread it more than once, and your kid will, too, and that's fine -- understanding is not the primary issue: Access to information is the primary

issue.-- Your kid will learn all the basic chemistry and biology behind sex and sexuality -- far more than they will pick up in any public school curriculum.-- They will be given quotes, advice, and/or told of experiences by other ordinary people throughout the pages on topics ranging from the simple facts of puberty to relationships and sex in adolescence, and these words of wisdom will come from people running the gamut from early adolescence to well on the far side of adulthood.-- They will learn the same vulgar speech teenagers and adults have used since the beginning of time (words you yourself know, parent, whether you find them offensive or not in your role as parent) and that they would otherwise and completely unavoidably pick up from their peers anyway, only sans book lacking the foreknowledge to give them a sense of respect for their own bodies, others' bodies, and what any sexual slang and cussing means and how it can be harmful and how it can be helpful.-- Actual sex is discussed to a basic but broad degree. Vaginal sex, oral sex, anal sex, and masturbation (and the mechanics of each) are covered.

You don't read a book like this to your kid, you give it to your kid and let him go off and read it himself and ask you questions later if he wants. My mom got me this book when I was a lad and I read it cover to cover. It was exactly what I needed. I remember this part of my life well, so let me give you a little advice. Boys entering this part of their lives are best given a book like this and then LEFT ALONE to read it on their own terms. DON'T be overbearing and try to have some long-winded discussion with him about sexual topics. Trust me, he will get embarrassed and then he will hate you for prying into something that he needs to figure out separately from you (with the help of this book, which is great. In fact, I would think about getting him more than one book. Something on relationships, perhaps, when he's a few years older.) If you overstep your bounds, he will just think, "God, this is so terrible. I wish this horrible awkward train-wreck of a conversation was over already." Then he'll tune you out, defeating the purpose of the conversation and replacing it with awkwardness and resentment. If you have to give him "The Talk," just keep it REALLY BRIEF, and hand them this book at the end of it. By picking up some education on the subject from this author, he's getting it from someone who is a disinterested third party, someone whose expectations he doesn't have to live up to, et cetera. The person who wrote this book isn't going to read over his shoulder about things that he naturally finds embarrassing. It's a safe environment. If your boy is reading this book by himself, he doesn't have to worry about being judged. He doesn't have to keep his guard up, or worry about any social considerations.

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