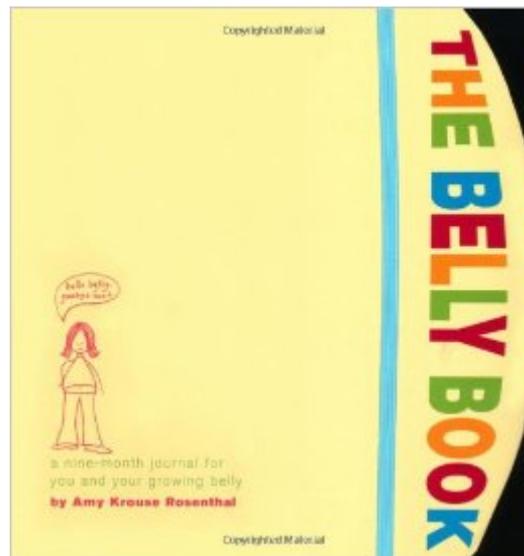


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# The Belly Book: A Nine-Month Journal For You And Your Growing Belly (Potter Style)



## Synopsis

Before you get to meet your baby, you spend a swell (so to speak) nine months getting acquainted with your growing belly. The first pregnancy journal devoted 100% to you and your belly, The Belly Book is organized by trimester and includes pages for â œtime-lapseâ • belly photos and ultrasound images, as well as prompts for writing about morning sickness, food cravings, maternity clothes you never want to see again, and much more.

## Book Information

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Average Customer Review: 4.5 out of 5 starsÂ Â See all reviewsÂ (1,125 customer reviews)

Best Sellers Rank: #743 in Books (See Top 100 in Books) #23 inÂ Books > Parenting & Relationships > Parenting

## Customer Reviews

I first bought this book after looking at many - MANY - on the shelves in a bookstore. I was searching for a gift for my unmarried pregnant friend. SO many of the books put an emphasis on the marriage of the parents, and this book light-heartedly refers to the father as "hubby/partner". Moreover, this book is light hearted and humorous throughout the 9 month journal. Answer choices to questions throughout the journal often include an option that will lead to at least some light laughter. Going from memory (so wording may be wrong) a few examples I can think of are: I think you are a: \_\_boy\_\_girl\_\_twins\_\_a boxer My complexion is: \_\_glowing\_\_the same \_\_green Number of days I've worn the same pair of sweat pants in a row: \_\_\_\_ My energy level is: \_\_Great! Never better! \_\_About the same as usual \_\_ I can't even complete a senten Now, whenever I hear those magic little words, "I'm pregnant", I rush out and buy this book. Everyone I've ever given the book to loves it. Married, single, it doesn't matter. This book's tone doesn't make anybody uncomfortable. PLUS, there is space for weekly pictures of your growing belly. Using a digital camera and making simple prints from your computer works perfectly. There is also space for

copies of ultrasounds, and space to write how you are feeling and what you are thinking. I cannot say enough about how great this book is. I highly recommend it. UPDATE: When I found out I was pregnant 2 years after writing this review, I ran out and bought myself this book.

I absolutely adore this book. Of all the pregnancy journals I have ever looked at, this one is the best. It is a week by week style book. It has sections for a weekly belly shot (I took monthly photos, but I filled those slots with other non-belly photos (like if we went to the park, or had a family BBQ, etc.) & little sections to write your thoughts about being pregnant. It has little survey sections for each trimester asking what you're craving & avoiding, what your favorite things are about being pregnant & your least favorite things, etc. If you are a person who likes to write a lot & can fill a plain journal with thoughts very easily, then this may not be the book for you. However, if you like recording your thoughts but (like me) can not fill a big journal page without repeating yourself over & over, then this book would probably work well for you. I have filled out one with both of my pregnancies & I gave one to my sister when she was pregnant with her first. :)

When I found out I was pregnant I went out and bought three different pregnancy organizers/journals/keepsake books. This one is by far and away my favorite. The others are very bogged down with extra information that you will already have if, like me, you also bought a small library of pregnancy reference books. This fun and beautiful book is larger and more of a keepsake book than the others, which are more like organizers. I like that there are places to include photographs, which the others are too small to have. This will be a joy to look at in years to come to remember my pregnancy, and my baby will enjoy having this special record of our time together during pregnancy. I will buy this as a gift for all of my pregnant friends in the future.

I love this photo journal! I looked and researched SO many journals (online and in stores) till I finally choose this one. I actually had to go to the store to open it to make sure it was exactly what I wanted and saw online, and it was! The book has a place for your ultrasounds in the beginning of each trimester, and a place for a photo each week. The tough part was remembering to take a photo each week. Then below the photo there is a place for you to write how you felt that week. Some pages already come with questions for you to answer, and others don't. I bought this thinking I was going to be the only one filling it out, but my husband actually felt left out when I filled out the first couple of weeks by myself. He insisted we wrote in it together, which was really neat. So now our baby girl will have memories from her mom and dad to look back on. I would just write, "Mom:"

when it was from me and, "Dad:" when it was from my husband. For example, there is a page where it asks what you think the sex of the baby will be. This was before we knew of course, and my husband was 100% sure it was going to be a boy, and I was 100% sure it was going to be a girl. So we both got to write down our thoughts. This is the perfect gift for any expecting mom and parents. I am about to buy another one to give to my friend who just found out she is pregnant!

The day I found out I was pregnant with our first child I begin a search for a good journal. This book is broken down into trimesters and then further divided into your pregnancy week by week. There are spaces for you to record your own reactions and those of family members to your pregnancy, details about cravings, morning sickness, growing stats, appetite changes, mood swings, and just general thoughts about the baby. You are prompted by the author to answer certain questions week by week but there is additional, limited space to add your own comments. I was sold on the blank spaces to attach photos week by week of belly growth and ultrasounds pictures.

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